

Christian Cowgirl Retreats



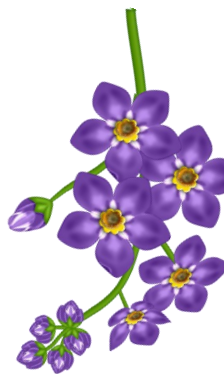
May 31-June 2 Baker City, OR * July 12-14 Summerville, OR
Oct. 18-20 Baker City, OR

Hosted by: JoLinn Hoover - Rising H Horsemanship
Elissa Morrison—Leather, Lace & Grace Ministry

A weekend with a focus on developing your horsemanship skills, while growing in your faith, and connecting with other like minded women.

- ◆ Learn strength and stretching exercise's for balance, confidence and increased rider awareness.
- ◆ Learn to understand equine behavior and biomechanics.
- ◆ Effective use of leg & rein aides with correct seat & body position.
- ◆ Practical application time is based on rider interest and can include groundwork, trail obstacles, trail rides through varying terrain, basic cattle work such as pasture moves, ranch roping, cattle flight zones & rating cattle for all types of working or competition. Competition tips from the Judge.
- ◆ Worship music, devotions, campfires, fun activities, and Cowgirl Church.
- ◆ Peaceful ranch settings to learn and worship in.

Don't have a horse? No worries, ride one of our seasoned horses!



Info & Registration:

Contact:

JoLinn Hoover 541-519-4995
Elissa Morrison 208-891-0648



2.5 day Retreat \$350

\$175 Nonrefundable Deposit required

Fee Includes: Breakfast & Lunch—Sat & Sun
(*Saturday night potluck)

Clinic Instruction ~ Devotions ~ Entertainment

: Not included: stall/pen, lodging/trailer, cattle, lesson horse